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# POKE BOWL 4 YOU

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**QUINOA SALMON** M - 16.- L - 19.-

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Quinoa / Salmon / Mango / Avocado / Radish / Carrots /  
Sesame Seeds / Cucumber / Spring Onions /  
Ponzu Citrus Sauce

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**SPICY TUNA** M - 16.- L - 19.-

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Sushi Rice / Tuna / Avocado / Edamame / Wakame  
Seaweed / Fried Onions / Tobiko / Jalapeño /  
Spicy Sambal Mayo

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**CHARLOTTE'S BOWL** M - 16.- L - 19.-

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Brown Rice / Salmon / Mango / Avocado / Edamame /  
Cream Cheese / Spring Onions / Nori Seaweed /  
Sesame Seeds / Sesame-Soy Sauce

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**VEGAN** M - 15.- L - 20.-

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Sushi Rice / Baked Tofu / Avocado / Edamame / Radish /  
Chives / Ponzu Citrus Sauce